



Pembina
Counselling
Centre

Newsletter



Hello from Pembina Counselling Centre,

Hope you're having a great summer and finding time to slow down, rest, and enjoy the company of family and friends.

Our family recently had the chance to take a trip to the mountains. It was the first time my boys had ever seen them, and watching their faces light up with wonder was something I won't forget. Even though I've seen the mountains before, I'm still awestruck by their size and beauty—and reminded of the greatness of the One who made them.

Summer has been full here at PCC! We had 466 appointments in July alone and are on track to provide over 5,000 appointments in 2025. The need is great, and we're so grateful to be walking alongside so many in their healing journey.

*"Great is the Lord and most worthy
of praise; his greatness no one can fathom."
— Psalm 145:3*

We also just wrapped up the **Decor Charity Classic Golf Tournament** – thank you to all who came out and supported PCC through this great event! And looking ahead... we're busy planning our **2nd Annual N49 Cruise for Hope** happening on **September 13, 2025**. It's shaping up to be another incredible night of fun, fellowship, and support for the work being done here at PCC. We'd love to have you join us!

May the rest of your summer be filled with peace, joy, and moments that remind you of God's goodness.

- Chris Derksen (Executive Director)

Where My Counselling Journey Began

After six years of church planting in Tanzania, life took an unexpected turn. We returned home after a traumatic incident, deeply in need of rest and healing. Like many, we had quietly carried the stigma around counselling, but after walking through such a difficult season, our organization encouraged us to seek help. We wanted to use the time and resources God had given us to process our experience in a healthy, Christ-honouring way.

God led us to a Christian counsellor who gently guided us through the trauma. Her wisdom and compassion created space for healing, and for me, it became a season of profound growth. I experienced what Scripture promises: *"The Lord is close to the brokenhearted and saves those who are crushed in spirit"* (Psalm 34:18).

I began to better understand my emotions, my story, and the patterns shaping my responses. Insights I had never considered before came to light. In that process, a seed was planted—a desire to walk with others in their own valleys. As 2 Corinthians 1:3–4 reminds us, God comforts us so we can comfort others. It always surprises me how God uses our suffering—not only to sanctify us but also to build His kingdom.

Trials reveal our weakness, yet in them we experience the sufficiency of His grace:

"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me" (2 Corinthians 12:9)

They remind us that we are not in control, and they press us deeper into the One who is. The hardships we face often become the very places where God's glory shines most brightly, not because the pain is pleasant, but because His presence in it is undeniable. I've seen this in my own life: God took a season I would have never chosen and used it to shape my calling. The valleys I walked through gave me a deeper empathy and a stronger desire to help others notice His restoring work. As Isaiah 61:1 says, He truly does "bind up the brokenhearted" and proclaim freedom for those who are captive to pain and fear.

Today, as a counsellor, I carry that truth into every session—that God is both the Healer and the Comforter. Our suffering is never wasted in His hands, and even the darkest seasons can become the soil where hope and transformation grow.

- AMBER THIESSEN





Mark Your Calendars

September 13

START: ALTONA - PIT STOP: WINKLER - FINISH: STARDUST DRIVE-IN THEATRE MORDEN

THIS YEAR'S MOVIE



n49cruiseforhope.ca



Decor Charity Classic

GOLF TOURNAMENT



Thank you to Decor Cabinets and the 152 golfers and 20 volunteers who joined us for the Decor Charity Classic golf tournament on August 7th!

With sunshine, freezies, and treats at many of the holes, it was a fun-filled day on the course. We are deeply grateful for the generosity shared this year in support of **Pembina Counselling Centre, Pregnancy Care (PVPCC), Youth for Christ, and Crossroads.**



Pembina Counselling Centre

Donate

Give our office a call, send us an email or visit our website to make a donation or to become a partner

Book Appointment

204.822.6622
reception@pccmb.ca

Locations

Morden: 205-30 Stephen St .
Winkler: 2B-915 Navigator Rd.
Altona: 127 - 67 2nd St . NE

PembinaCounsellingCentre.ca

reception@pccmb.ca