



Annual General Meeting

Please join us Feb 25th for an update of where we have been and going forward.

Meeting at Westside Church at 7pm-8:30pm



Updates from 2018-2019 ~ Paul Penner

It's the start of a new year and a lot is happening. Let me fill you in...

We continue to be busy. Busy enough that we needed to expand. The new Morden office space is about 95% completed. What's left to do, is better sound proofing, chairs for around our board table and 2 updated counselling chairs. We are adding what are called 'sound pillows' in order to reduce echoing in the hallway and some interview rooms. We have made progress but won't quit until we reach our goal. We have also installed a film on the windows to protect the identity of people in the interview rooms. So far so good. We have left the upper portion of the windows uncovered so that we could still enjoy the beautiful tree tops outside.

The new Winkler lease development is being undertaken. We have contracted a designer to help us develop a floor plan and make design recommendations. We like how it looks on paper and are now applying for a permit to undertake construction of the floor plan. We hope to be in place by March/April, but we'll see how available contractors are and if this is feasible. We are moving from around 600 sq feet to 1000 sq feet for less cost. It's a good move financially and will improve our physical space.

In Crystal City, Dennis Fehr had been providing service on a weekly basis for us, but he is now in private practice. We wish Dennis all the best. To continue providing service at the Rock Lake Health Centre, Judi Heide has joined us again and presently is available one day every week.

Mark Sawatzky is our Community Development Officer and is available half time to help



Mark Your Calendar

Dessert Fundraiser

March 6th
at 7pm

Winkler Mennonite Church
31 Willowdale Cres.

with
Phil Callaway

**LAUGH
AGAIN**

Tickets Available At:

Pembina Counselling Centre
30 Stephen St., Morden

204-822-6622



Sponsor a Table | Tickets
\$300 | **\$25**

us maintain community contact and build our support base. Mark started in 2018. We are dependent on the community for 50% of our revenue to operate. Mark is connecting with people in the community to inform them of what we do and hopefully finding partners to help us carry on. In the past PCC couldn't afford to hire additional management, but we have outgrown ourselves and now need to hire additional help.

We are grateful to be entrusted with our client's concerns and trust of our supporters who have come alongside others. A heartfelt thank you.

Recent Events ~ Thanks for your support!



Winkler Consumers Co-op has given back to the community many times. On January 24th they set aside .05 cents per litre from all retail fuel sales to be donated to PCC. They raised \$5,165 from their service to the community to help people access affordable counselling. What an amazing gift of support from Co-op and their patrons.

Invest In Your Biggest Asset Workshop Update

In November of 2018 we launched what we hope will be an annual workshop for business leaders. It was held at the Day's Inn Conference Centre and we'd like to give a big shout out to that facility. It's a great venue.

Business leaders today are on the front lines of dealing with people, and when there are challenges, employee performance dips. In this year's workshop Paul focused on recognizing the signs of struggle and what steps to take to help people get back to where they should be. A key area of focus was **anxiety**, a common challenge for all businesses. Here Mark was able to share his personal insights, giving business leaders an inside look at what's going on and how best to connect with staff who are struggling with this issue.

We look forward to hosting another workshop next November. Send us an email and we'll respond when we have the next one scheduled.

Morden - #205 - 30 Stephen St
Winkler - 385 Mountain Ave
Crystal City - 135 Machray Ave
P: (204) 822-6622 - P: (204) 331-3930
E: reception@pccmb.ca - F: (204) 809-4804

Morden United Way

We appreciate the Morden United Way organization. They are always looking for ways to help those who help the community. This year we connected with them and they donated \$3,000 to help us with our cost of operations.

Why this matters so much is that we base fees on an affordability scale, and that means counselling fees do not bring in enough to cover the cost of operations. Historically, half the session costs are covered by client fees. As a result, we need partners to continue making services available to all.

